

Sandys Boat Club Junior Sailing Fall Programme 2017:
Registration Form and Waiver



Programme begins
week of September 11
and ends week of
November 20.

Highlight One:

Course 1: Beginner Opti (Mondays)

Course 2: Intermediate Opti (Tuesdays)

Course 3: Intermediate Opti (Wednesdays)

Course 4: Racing Opti (Thursdays)

Half Term Break (Week of Oct.23-27) * no after school classes this week.

*Monday, November 11 will be
made up on a date tbc.*

*** please fill out and submit a separate form (this page) for each course selected.**

****The instructor reserves the right to determine placement; please note course requirements below.**

*****note that NO PLACE will be reserved until full payment is received with waiver.**

Name and Address of Sailor:

Date of Birth _____ Weight (pounds) _____ Physician _____

Insurance Company _____

Relevant Medical Information (respiration, allergies, medications, extreme sun sensitivity etc.)

Prior Sailing Experience

Swimming Ability (please circle one):

Excellent

Good

Fair

Poor

Name or Parent or Guardian (please print):

Contact Information (please give names as appropriate, and circle the best number to reach you on):

Home _____

Work1 _____ Email _____ Cell _____

Work2 _____ Email _____ Cell _____

Emergency Contact Name and Number (someone other than parents; if we can reach **you** with supplied numbers, we will!) _____

Waiver:

In consideration of the Sandys Boat Club Junior Sailing Programme, their servants and/or agents and all other persons or entities acting in any capacity on their behalf, I hereby agree to release, discharge and hold free from harm on behalf of myself, my children, my parents, my heirs, assigns, personal representatives and estate as relates to any activities part of or connected to the Sandys Boat Club Junior Sailing Programme. By signing this document, I hereby acknowledge that I am legally waiving any right to maintain a claim against the Sandys Boat Club Junior Sailing Programme.

Print Name: _____

Signature: _____

Course Information

Selecting the Right Course.

There are several options available in the Fall Programme. It is important that you select a course that is the right level for you. If you are not ready for a level, the instructor reserves the right to determine your placement. Please note the following:

Beginner Opti:

- “ I am up for an adventure
- “ I can listen and follow directions
- “ I am confident in and around the water
- “ I want to learn how to sail

Intermediate Opti: *plus all the above

- “ I can launch and dock my boat safely
- “ I can right my boat from a capsize with a little help
- “ I can steer my boat purposefully from one place to another
- “ I can trim my sail when I think about what the wind is doing
- “ I want to learn more about sailing

Racing Opti: *plus all the above

- “ I can sail upwind and downwind confidently
- “ I can right my boat from a capsize on my own
- “ I am confident in windy conditions
- “ I like—or think I will like—racing

Byte: (intermediate opti /racing opti level only– planned for Spring 2018)

- “ I am getting big for an opti and would like to try a bigger dinghy

How much does the course cost?

Each course costs \$250.00, which must be paid prior to the start of the course. There is a sibling discount of \$25 total for this full price option only.

For children and grandchildren of current SBC Members, the cost is \$200.00. There is no sibling discount.

You may pay online at HSBC 004-000188-014 or pay by cash or card at the bar during Club opening hours.

Are there age limits?

It is not so much an age limit as a confidence/attention span limit at the lower end and a size limit at the other end. Your child should be a reasonably confident swimmer that is not scared of deep water. Sailors sail optimist pram dinghies until they are 15, but some do size out well before then. *If there is sufficient interest, we may add a class in the bigger Byte dinghy in the spring.

What are the pick-up and drop-off times?

All sailors should wait on the top patio by the east (HSBC) parking lot if they arrive before the instructor. This is the gate used for entry also.

It is important that you get to the course on time. Please be there by 4:15 at the latest -aim for 4- and let the instructor know if you will not be coming on that day. Not only is time limited after school, but the Club is gated and you may not be able to get in if you are late.

The finish time is 6:30. Later in the year, it will be getting dark at this time. Please have your pickup organised and on time!

For the Half Term Break week, classes begin at 9 sharp and pickup time is 4PM. You can be dropped off at 8:30.

What does my child need to bring?

You need a properly fitting **lifejacket**, worn over a sun shirt or bathing suit (girls need shorts, and not supershort ones or you might be uncomfortable sitting on the side of the boat). We do have some lifejackets available at the Club. You also need properly fitting water shoes or sneakers that can be worn in the water. **Sunscreen and a hat** are musts, as is a water bottle. Everything must be **clearly labeled!** Please take home your belongings.

It is a good idea to have a **healthy snack** to keep up your energy. Please try to have that eaten before class begins.

As it gets colder, you may need to layer up. **Dry clothes** to put on after sailing are important.

If you are racing, you need a **waterproof watch** that will do a countdown for starts.

Please bring a clean empty detergent or Clorox bottle for use as a bailer if you have one available.

How many children will be in the program?

Beginner opti: 6 per instructor

Intermediate opti: 8 per instructor

Racing opti: 10 per instructor with backup support boat.

Feel free to contact sbcsecretary@logic.bm for further information.

SBC Junior Sailing would like to thank the Bermuda Education Network, the Bermuda Sailing Association, and the Endeavour Programme for the support they provide to enable sailing to happen at SBC.